

COOPERATIVE EXTENSION

2022



*CONTINUING TO
Change Lives & Extend Knowledge
IN McLean County*

Farm To Fork Returns in 2022



Presentation of \$5,000 check to God's House of Hope Food Bank, from the Farm to Fork dinner/fundraiser.

In July of 2022, the Farm to Fork Diner made a comeback at the newly renovated Myer Creek Park Extension facility after a 2-year hiatus due to COVID-19. There were approximately 250 citizens that attended the Dinner to hear Warren Beeler talk about his agriculture story. The purpose of the Farm to Fork Dinner is two-fold. First the McLean County Extension Service, Family and Consumer Sciences /4-H Youth Development Agent Kelly Bland, Ag and Natural Resource

growing population. Second donations and ticket sales that aren't used to purchase the meal are all used for a fundraiser for a local charity in God's House of Hope. Since this event was started by McLean County Extension Service, the McLean County Farm to Fork Dinner has generated and donated in excess of \$15000.00 to God's House of Hope. This charity helps feed the hungry and disadvantaged



Agent David Fourqurean, and many Extension Volunteers work to educate the general public about where their food comes from and showcase the people involved in agriculture that help feed our

Presentation of \$5,000 check to God's House of Hope Food Bank, in 2010.

citizens of McLean County and provides a much-needed service to this community. This is truly a community event, encompassing all segments of our community to come together and help the citizens that live in McLean County. Plans are underway for the 2023 McLean County Farm to Fork Dinner to continue the work and real progress that has been accomplished over the past few years.

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

McLean County Extension Service Newsletters



**Mike Czarick,
University of Georgia Poultry
Specialist and UGA Extension
Engineer**

**Pictures taken by Owensboro
Messenger-Inquirer**



Poultry Expo 2022

In August of 2022, the McLean County Extension Service hosted the Poultry Expo at Myer Creek Park in Calhoun, KY. The Expo was moved from February 2022 because of an outbreak of Avian Influenza. This region is in the migratory flyway and during

that time of year it is not a suitable time due to the possible spread of Avian Influenza

so it was moved to August. This Expo is held every other year and includes a trade show, educational meetings, and a sponsored lunch

featuring a poultry product produced locally. This year's speaker was Mike Czarick, a University of Georgia Poultry Specialist. Over a hundred and fifty producers attended the Expo to visit 20 vendors in the trade show and hear Mr. Czarick. Tyson and Perdue also sent members of their live production units to better understand the ventilation problems producers experience. Several producers commented on how great it was to get Mr. Czarick in McLean County as he is a world-renowned expert on ventilation, traveling all across the US and many foreign countries to provide expert consultation to poultry producers. McLean County Ag and Natural Resource Agent David Fourqurean was also able to secure some matching funds from the McLean County Ag Development Board to help with Mr. Czarick's expenses to stay an extra day and visit poultry houses in McLean County. McLean County Ag and

Natural Resource Agent David Fourqurean worked with Perdue to provide educational opportunities for flock advisors in this area to see and identify actual problems within the poultry houses. A highlight of the farm visits was the use of an infrared camera to identify hot spots or poorly insulated parts of the chicken houses. This program has gained popularity over the last few years and in the off years the McLean County Extension Service is looking to bring a poultry specialist in to work with producers on specific problems that are unique to poultry production.

***Producers were
delighted to have Mr.
Czarick world-
renowned expert on
ventilation in McLean
County.***

Stay Connected On Facebook

Check out our web page
at mcLean.ca.uky.edu

McLean County Extension

<https://www.facebook.com/McLeanCountyCES/#>

McLean County Homemakers

<https://www.facebook.com/McLeanCountyHomemakers>

McLean County 4-H

<https://www.facebook.com/McLeanCoKY4H/>

McLean County Farmers Market

<https://www.facebook.com/mcleancountyfarmersmarket/>

State FCS Facebook Page

<https://www.facebook.com/UKFCSExt/>

University of Kentucky Cooperative Extension Page:

<https://www.facebook.com/UKCooperativeExtension/>

State 4-H Facebook Page

<https://www.facebook.com/kentucky4h/>

You don't want to miss a Kentucky Ag Matters Podcast but if you
do you can find past podcast at the links below.



Podcast brought to you by
Western Kentucky Ag Network.

Check out David Fourqurean, Vicki
Shadrick and Jay Stone
Kentucky Ag Matters Podcast

Kentucky Ag Matters will discuss
timely topics and issues related to
Agriculture while providing educational
information to Farmers, Ranchers, and
Consumers.

Podcast Link:

[https://feed.podbean.com/jstonet/
feed.xml](https://feed.podbean.com/jstonet/feed.xml)

Apple Podcast Search Kentucky-Ag-
Matters

[https://podcasts.apple.com/us/
podcast/Kentucky-Ag-Matters/
id1613968408](https://podcasts.apple.com/us/podcast/Kentucky-Ag-Matters/id1613968408)

McLean County Extension Service Newsletters

Are you our receiving Newsletters:

- ◇ Family and Consumer Sciences
- ◇ Agriculture and Natural Resources
- ◇ McLean County Poultry News.

If you would like to be added to one or all of these please call the McLean County Extension Office at 270-273-3690.

February 2023

McLean County Extension

Family and Consumer Sciences

Important Dates

- Feb. 9, 4:00 p.m. Homemaker Council Meeting, McLean County Extension Service
- Feb. 7, 10:30 a.m. and 6:00 p.m. Sensational Salads, McLean County Cooperative Extension Service
- Feb. 9, 6:00 p.m. Friendship Club meeting, McLean County Cooperative Extension Service
- Feb. 14, 12:00 p.m. Beech Grove / Glenville Clubs meeting, McLean County Cooperative Extension Service
- March 2, 9:00 a.m. Big Blue Book Club McLean County Cooperative Extension Service (Zoom)
- March 14, 10:00 and 11:00 a.m. Leader Lesson, Daviess County Cooperative Extension Service
- March 15, 10:00 and 11:00 a.m. Leader Lesson, Henderson County Cooperative Extension Service
- March 16, 9:00 a.m. Big Blue Book Club McLean County Cooperative Extension Service (Zoom)
- March 23, 9:00 a.m. Big Blue Book Club McLean County Cooperative Extension Service (Zoom)

Do you know the difference between Radicchio, Escarole, Arugula, or Butterhead? Did you know you can add these to your everyday salads and make them...

Sensational Salads!

February 7, 2023
10:30 a.m. or 6:00 p.m.
at the McLean Co. Extension Office

Join our FCS agent, Kelly Bland, as you learn how to get creative in the kitchen and add variety to your salads. We will make and sample some new salads and be making some salad dressings from scratch. Each participant will leave with their own jar of dressing, and recipes to make many more at home!

Spaces are limited. Registration is required and the last day to register is February 3rd. Please call (270) 273-3690 to register.



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

January 2023

McLean County Extension

Agriculture and Natural Resources

University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service
McLean County
P.O. Box 265
335 West 7th Street
Calhoun, KY 42327
(270) 273-3690
Fax: (270) 273-9986
extension.ca.uky.edu



Important Dates

- January 23rd Pesticide Training, McLean County Cooperative Extension Service @ 10:00 am, and 1:00 pm
- January 24th Tri-County Grain Day, Hopkins County Extension Office @ 7:30 a.m. - 11:30 a.m.
- January 26th Precision Agriculture and Ag Tech Economics, McLean County Cooperative Extension Service @ 6:00 p.m.
- February 6th Regional Tobacco Update and Annual GAP Training, Webster County Extension Office @ 9:00am
- February 13th Pesticide Training McLean County Cooperative Extension Service at 10:00 am, and 1:00 pm
- February 16th Pesticide Training McLean County Cooperative Extension Service at 6:00 pm
- February 21, 2023 Mid- South Stocker Conference, WKU L.D. Brown Ag Expo Center, 5:30 p.m. Registration 6:00 p.m. Program
- February 22, 2023 Mid- South Stocker Conference, WKU L.D. Brown Ag Expo Center, 8:30 p.m. Registration 9:30 p.m. Program

Annual Complaint Statement To initiate a complaint at the college level, contact Tim West in the Business Office at 859-257- 3879. At the University level, Terry Allen and Patty Bender in the UK Office of Institutional Equity and Equal Opportunity (859-257-0927) may be contacted. Additionally, employee or clientele complaints involving any research or extension sponsored program or activity may be directed to the USDA, Director Office of Civil Rights, Room 326-W Whitten Bldg., 14th & Independence Ave. SW, Washington DC 20250-9410 (202- 720-5964).

David Fourgurean

David Fourgurean
McLean County Extension
Agent for Agriculture and
Natural Resources

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

McLean County Poultry News

University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service
McLean County
335 West 7th Street
Calhoun, KY 42327
(270) 273-3690
Fax: (270) 273-9986
extension.ca.uky.edu

Fall-Winter 2022

By:

David Fourgurean, County Extension
Agent for Agriculture and Natural Resources
McLean County Cooperative Extension Service

David Fourgurean



Welcome to the McLean County Extension Poultry newsletter where we provide University researched information to poultry producers in our area. Our intent is to provide this newsletter a couple of times a year and provide those timely tips that are designed to help our producers become more efficient. If you have any suggestions for our newsletter, please contact the McLean County Extension office at 270-273-3690. We hope you find that this newsletter is a valuable resource to your poultry operation.



Podcast brought to you by
Western Kentucky Ag Network

Check out David Fourgurean, Vicki Shadwick and Jay Stone
Kentucky Ag Matters Podcast

Kentucky Ag Matters will discuss timely topics and issues related to Agriculture while providing educational information to Farmers, Ranchers, and Consumers.

Podcast Link: <https://feed.podbean.com/jstonet/feed.xml>

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

Charcuterie Classes A Tasty Success!



Megan Woosley and Mary Whitledge show their charcuterie board creations.



Charcuterie board made in Extension class.

"I learned that there was no wrong way to organize the board." Said one participant.

"It was much simpler than I realized!" Stated another participant.

"I didn't think about making my charcuterie board healthier by incorporating more fruits and vegetables and offering lower fat meat choices." Stated another participant.

The latest trend in entertaining made its way to McLean County in October 2022. Charcuterie 101 was taught by McLean County Family and Consumer Sciences (FCS) Agent to a small group of just 9 people. During the class, participants learned the components of a charcuterie board, themes, arranging, food safety, and how to make a healthier charcuterie board with the help of MyPlate. After the lesson was taught, it was time to get to work! Each participant was given their own slate board and a goodie bag of supplies to create their own board to take home and enjoy. The FCS agent went around and took pictures of each creation and shared the pictures on the McLean County Extension Facebook page. That's where the excitement happened.



Charcuterie board made in Extension class.

Since those pictures were shared, demand for the class has taken off. The McLean County FCS Agent has since taught 179 more McLean County residents how to make a healthier charcuterie board. In the month of February, she partnered with the McLean County Public Library and taught a Charcuterie for Two class with a Valentine's Day theme.



Charcuterie class held at McLean County Public Library.

New Traditions Start with Christmas Camp



6th -12th graders creating Santa Door Hangers.

The McLean County 4-H started a new Christmas Tradition in 2022 and offered a Christmas Camp to children from Kindergarten to 12th grade during Christmas break. Kids were divided up into different age groups and offered camps at different times.

Kindergarten – 2nd grade had to opportunity to come and make a present for their parent or loved one, cookies for Santa, and an ornament. 3rd – 5th grade worked on 4-H related fair projects like baking brownies (then they got to decorate them for Christmas), making an ornament, and making hot chocolate on a stick. Our 6th – 12th graders created Christmas breakfast for their families by learning how to make French toast and a sausage and cheese frittata, then worked on constructing a Santa Door Hanger.

Each session lasted 2 hours long and had 55 participants total. The program was such a success that a Spring Break Camp is now being planned.

“This was so much fun!” one child exclaimed, as he licked the chocolate off his fingers.

“Thank you for giving our kids something to do during Christmas break.” One parent stated.

2500 Number of people impacted by Advisory Councils, community organizations, and other volunteers including County Ag Investment Program (CAIP), Chamber of Commerce Ag Committee, farm bureau, county fairs, festivals, etc.

85 Number of individuals who are comfortable identifying community problems

150 Number of producers who increased their knowledge on poultry health and nutrition

38 Number of program participants reporting adoption of physical activity practices



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service
McLean County

For more information,
Please contact us at:
335 West 7th Street
Calhoun, KY 42327
(270) 273-3690
Fax: (270) 273-9986
www.ca.uky.edu

