

MCLEAN COUNTY 4-H



Newsletter

KENTUCKY COOPERATIVE EXTENSION  KENTUCKY STATE UNIVERSITY

JANUARY FEBRUARY

WE SPILLED THE TEA!

The Empowerment Club had a tea-rific time at their recent tea and donut meeting! Members explored the concept of "spilling the tea" in a positive way—by learning how to process emotions and express themselves through journaling. Did you know that simply writing down your thoughts can reduce anxiety and even help you solve problems? Journaling is a powerful tool to manage emotions and gain clarity, and the club was excited to put it into practice!

A big thank you to Dunkin' Donuts for generously donating the delicious morning treats that made our meeting even sweeter. The event was a huge success, and we can't wait to see everyone at the next meeting!



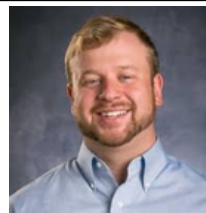
WANT TO VOLUNTEER?

We are always looking for volunteers, would you like to help? Give us a call at 270-273-3690!

INTEREST MEETING

We're thrilled to introduce a new club dedicated to exploring all things poultry—from egg to table! Dive into the fascinating journey of hatching, raising, feeding, and caring for chickens, along with learning delicious recipes and discovering the many uses of this incredible bird.

Our first meeting kicks off on January 29th, 2025, at 3:00 PM—don't miss it!



Nolan Pettit McLean County
4-H Agent
Nolan H. Pettit



Lana Browder
McLean County
Program Assistant

Cooperative Extension Service

Agriculture and Natural Resources
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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities accommodated with prior notification.

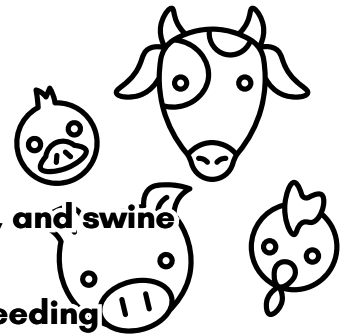
Jimmy Scripps

WHAT IS LIVESTOCK CLUB?

Livestock 4-H club is a youth organization that teaches young people about raising, showing, and judging livestock. 4-H clubs also offer hands-on learning experiences that help participants develop responsibility and life skills.

What do 4-H livestock club members do?

- Raise animals like beef, dairy, goats, horses, poultry, sheep, and swine
- Exhibit and judge livestock at county fairs
- Learn about animal nutrition, disease management, and breeding
- Clean pens and water tanks
- Feed and exercise animals
- Groom animals
- Help with vaccinations, shearing, trimming hooves, and weight check



FOLLOW US ON FACEBOOK FOR CLUB DATES!



KENTUCKY
COOPERATIVE EXTENSION



Join the Poultry Club

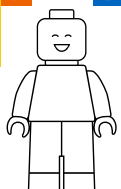


Questions 270-273-3690

Starting a Poultry Club is an exciting venture that promises to be both educational and fun for young enthusiasts aged 9 to 18, with parents warmly invited to join in the learning experience (not required). This club aims to provide comprehensive knowledge, covering essential topics such as

chicken safety, proper care, and management of poultry, as well as the art of cooking delicious and nutritious chicken dishes. Through interactive workshops and hands-on activities, members will gain valuable skills and confidence in poultry handling and culinary techniques. This inclusive environment encourages family participation, fostering a shared passion for poultry and creating lasting memories while promoting responsibility and creativity in the kitchen.

Lego Robotics



LEGO Robotics offers a fun and engaging way for everyone to explore coding, problem-solving, and teamwork! Join us for exciting after-school club meetings at the McLean County Extension Office. For more information, call us at 270-273-3690!