



DIVISION 6035 - 4-H FOOD EXHIBITS—2017

Muffins

- 841 Three **Oatmeal Muffins**: Use recipe in *4-H Cooking 101*, p. 54.
842 Three **Cheese Muffins**: Use recipe in *4-H Cooking 201*, p. 49.

Biscuits

- 843 Three **Rolled Biscuits**: Use recipe in *4-H Cooking 201*, p. 50.
844 Three **Scones**: raisins may be substituted for dried cranberries. Use the recipe in the *2017 4-H Fair Recipe Book* at <http://4-h.ca.uky.edu/content/food-and-nutrition>.

Quick Breads

- 845 Three **Cornmeal Muffins**: Use the recipe in the *2017 4-H Fair Recipe Book* at <http://4-h.ca.uky.edu/content/food-and-nutrition>.
846 Three pieces of **Coffee Cake with Topping**: Use recipe in *4-H Cooking 101*, p. 59. Nuts are optional.

Cookies

- 847 Three **Chewy Granola Bars** (gluten-free): Use recipe in *4-H Cooking 101*, p. 35.
848 Three **Brownies**: Use recipe in *4-H Cooking 101*, p. 67. Nuts are optional.
849 Three **Snickerdoodle Cookies**: Use the recipe in the *2017 4-H Fair Recipe Book* at <http://4-h.ca.uky.edu/content/food-and-nutrition>.

Cakes

- 850 Half of one 8" or 9" layer **Rich Chocolate Cake** (no icing): Use recipe in *4-H Cooking 301*, p. 116.
851 Half of one 8" or 9" layer **Carrot or Zucchini Cake** (no icing): Use recipe in *4-H Cooking 301*, p. 119. May use carrots or zucchini.
852 $\frac{1}{4}$ of a **Basic Chiffon Cake**: Use recipe in *4-H Cooking 401*, p. 118. Do not use variations.

Pies

- 853 One whole **Double Crust Apple Pie**: Use recipes in *4-H Cooking 401*, p. 105 and 97. Leave pie in the disposable pie pan and place all in a zip-type plastic bag. May use spice variation if desired.

Yeast Breads

- 854 Three **Cinnamon Twists** (no icing): Use recipe in *4-H Cooking 301*, p. 42 & 44.
855 Three **Soft Pretzels**: Use recipe in *4-H Cooking 301*, p. 48. Use any one topping listed.
856 One loaf **Oatmeal Bread**: Use recipe in *4-H Cooking 401*, p. 25.

Bread Made in a Bread Machine

- 857 One loaf **Honey Whole Wheat Bread** made in a bread machine: Use the recipe in the *2017 4-H Fair Recipe Book* at <http://4-h.ca.uky.edu/content/food-and-nutrition>. May be a 1-pound, 1 $\frac{1}{2}$ -pound, or 2-pound loaf.

Candy

- 858 Three pieces **Classic Chocolate Fudge** (size: about one inch square): Use recipe in *4-H Cooking 401*, p. 89. Nuts are optional.

