

## DIVISION 6032 - 4-H SEWING—2017

### 1. Unique Rules or Instructions:

- a. Items must be “handmade”; no ready-to-wear/factory made items will be accepted for judging.
- b. Items must be **CLEAN**, however it is permissible for garment to show wear.
- c. Send **NO additional** accessories or undergarment with any sewing entry unless it was constructed as a part of the project.
- d. Specific number of items: In classes where there is to be a specified number of articles exhibited and the entry contains more, the judges will be instructed to have the agent who submits the article(s) make the decision on which item(s) are to be judged. In those cases where the situation was not discovered before entry was made, the article(s) to be judged will be left to the discretion of the judges.
- e. Complete outfit: The definition of a “complete outfit” is an item or items that cover the top and bottom of the body. To be considered a top, a jacket or robe, it must include a front closure. Open front tops that require an under shirt do not count as a complete outfit unless the under shirt is also constructed by the member.

### Junior Division for 4-H'ers Ages 9-13

Junior members may complete the projects in any order and may repeat a level more than one year. The curriculum includes instructions for making “practice” items; the practice items do not fit in classes in the Clothing Division.

**Unit I – Let’s Learn to Sew: Beginner skills;** See Publication:

<http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf> , pages 3-20 and 55-56.

789 Unit I Clothing Option: Shorts, pants, or skirt with casing waistline (elastic and/or drawstring). *Garment must be made from woven fabric and include the following: straight machine stitching, appropriate visible seam finish, and machine stitched hem. This class is for ages 9-13.*

790 Unit I Non Clothing Option: Drawstring backpack OR tote bag with fabric handles OR a laundry bag. *Item must be made from woven fabric and include the following: straight machine stitching, appropriate visible seam finish, and a casing or machine stitched hem. This class is for ages 9-13.*

**Unit II – Let’s Get to the Bottom: Beginner skills;** See Publication:

<http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf> , pages 21-38 and 55-56.

791 Unit II Clothing Option: Skirt, shorts or pants. *Exhibit must be made from woven fabric and include the following: enclosed seams, appropriate seam finish, interfacing, zipper, and a facing or waistband. This class is for youth ages 9-13.*

792 Unit II Non Clothing Option: Zippered tote bag, purse, garment bag, or gym bag. *Exhibit must be made from woven fabric and include the following: enclosed seams, appropriate seam finish, interfacing, and zipper. (Pre-quilted woven fabric and recycled woven fabric are acceptable fabric choices but use is not required.) This class is for youth ages 9-13.*

**Unit III – Top It Off: Beginner skills;** See Publication: <http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf> , pages 39-52 and 55-56.

793 Unit III Clothing Option: Shirt, simple jacket, one piece dress with no waistline, cape with a hood or collar, bathrobe, or vest with lining or facing. *Garment must be made from woven fabric and include the following:*

*buttons and buttonholes. A simple lining, trim, collar, and sleeves may be included but are not required. This class is for youth ages 9-13.*

794 Unit III Non Clothing Option: Backpack with lining, applied trim, and button/buttonhole closure. *This class is for youth ages 9-13.*

**Unit IV – Stretch Your Knit Skills: Beginner skills;** See Publication:  
<http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf> , pages 45-48 and 55-56.

795 Unit IV Stretch Your Knit Skills: 1 or 2 piece complete outfit made from knit fabric; such as a dress, top and bottom, pajamas, or nightshirt. **All garment pieces must be made from knit fabric with a limited amount of one-way stretch; rib knit may be included for neckband and arm/leg band trim only.** *This class is for*

youth ages 9-13.

**Unit V – Moving on Up: Intermediate skills;** See publication: [http://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/junior\\_unit\\_v\\_moving\\_on\\_up.pdf](http://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/junior_unit_v_moving_on_up.pdf)

796 Unit V Moving on Up: one-piece complete outfit made from woven fabric; such as a dress, coveralls, or jumpsuit. Item must include at least a zipper and/or buttons and buttonholes. A waistline simple lining, trim, collar, and sleeves maybe included but are not required. This class is for youth ages 9-13.

**Unit VI – Put it All Together;** See Publication: <http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf> , pages 49-56.

797 Unit VI Put It All Together Clothing Option: 2 or 3 piece complete coordinating outfit; such as warm up suit; dress with jacket or coat, swimwear with cover-up, jacket or shirt with slacks/ skirt. *At least one piece must include sleeves and a collar/hood. No simple casings. Fabric choice may be woven, knit or a combination of the two. This class is for ages 9-13.*

798 Unit VI Put It All Together Non Clothing Option: Original design tote bag and documentation folder - Using Wild Ginger Software, Inc. **Wild Things!** Software program, select the Tote Bag option and design a bag that includes at least 2 pockets. Be creative with your design. Required elements: at least 2 pockets; minimum size of 12 inches in height and 12 inches in width. Item must have at least one functional zipper; and creative stitchery or applied trim to personalize your bag. Optional elements: lining, other type closure as design dictates [button(s), hook and loop tape, or snap(s)]. If bag is not lined, it is suggested that the seam allowances be finished with a bound seam finish. This class is for ages 9-13. **In the documentation include:** your name, your county, the name of the unit, class entered, number of years you have been sewing, cost, and the printed design sheets (one for each pocket selected) from the program, and answers to the following questions:

1. How did you choose the size of your tote bag? Did you use any of the default settings in the program?
2. Did you have any trouble using the software or printing your pattern? Explain
3. Did you download the Wild Things! Program to your home computer or use the program at your county extension office?
4. Did you make any changes to your pattern after it was printed? If so, tell what you changed.

**Unit: Up Cycle It!—for youth ages 9-13 with advanced sewing skills;** See publication: [https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/upcycle\\_project\\_jr\\_and\\_sr.pdf](https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/upcycle_project_jr_and_sr.pdf)

799 Up Cycle It! Junior—item sewn from recycled/repurposed garments and documentation folder: Sew a garment or fashion accessory from previously worn garments. Recycled fabric is to be the major component of the item. Recycled garments may be cast-offs from the member's family/friends or purchased at a yard sale or similar low cost source. **Documentation is required.** In documentation include the following: your name, your county, the name of the unit, class entered, number of years you have been sewing; a **“before” photo** of all recycled items used; source of the recycled garment; how the design was created; and any design drawings that were used in the creation. Place documentation in a folder or plastic sheet protector. “Deconstructed” t-shirts which do not include sewing skills do not fit this class. Items for the home do NOT fit this class. Items which do not include sewing as a major means of reconstruction are not eligible for this class. See publication. This class is for ages 9-13 with sewing skills.

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## Senior Division for 4-Hers, age 14-18

Senior members may complete the projects in any order and may repeat a level more than one year.

**Unit: Let's be Casual- for ages 14-18.** (Ask your county 4-H agent for a copy or see publication: [http://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior\\_unit\\_1\\_a\\_lets\\_be\\_casual.pdf](http://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_a_lets_be_casual.pdf))

- 800 Let's Be Casual--Clothing Option: 1 or 2 piece complete outfit made from knit or woven fabric such as a dress, top and bottom, simple pajamas, or robe. This class is for ages 14-18.
- 801 Let's be Casual--Non Clothing Option: 2 coordinating fashion accessories from the following: wallet, garment bag, purse, backpack or duffel bag. At least one piece must have a zipper. This class is for ages 14-18.

**Unit: Dress it Up- for ages 14-18.** (Ask your county 4-H agent for a copy or see publication: [https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior\\_unit\\_1\\_b\\_dress\\_it\\_up\\_0.pdf](https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_b_dress_it_up_0.pdf))

- 802 Dress It Up--1 or 2 piece complete dressy outfit, such as a dress, suit, pantsuit, sport coat and slacks. Fabric choice may be woven, knit or a combination of the two. This class is for ages 14-18.

**Unit: Match it Up- for ages 14-18.** (Ask your county 4-H agent for a copy or see publication: [https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior\\_unit\\_1\\_c\\_match\\_it\\_up.pdf](https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_c_match_it_up.pdf))

- 803 Match It Up--Clothing Option: Choose at least one item from each group to make a complete 3 or 4 piece coordinated outfit:
- Shorts, pants, or skirt
  - Top, blouse, shirt
  - Vest, jacket, sweater
- At least one piece is required to have regulation set in sleeves. Fabric choice may be woven, knit or a combination of the two. An accessory item may be included as the fourth piece. This class is for ages 14-18.

- 804 Match It Up--Non Clothing Option: 3 or 4 piece coordinating luggage/travel accessories set. Each piece must have an applied border/trim, pocket and zipper. This class is for ages 14-18.

**Unit: Creative Expressions- for ages 14-18.** (Ask your county 4-H agent for a copy or see publication: [https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior\\_unit\\_1\\_d\\_creative\\_expressions.pdf](https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_d_creative_expressions.pdf))

- 805 Creative Expression--Clothing Option: Construct a complete outfit for one of the following activities:
- Halloween, theater, or historic costume
  - Uniform for medical, cheerleader, dancer, etc.
  - Riding apparel
- This class is for ages 14-18.

- 806 Creative Expression--Non Clothing Option: Select one of the following and construct a:
- Fabric doll or animal with a wardrobe of two outfits
  - Machine appliquéd specialty flag or decorative banner (minimum size 24 inches x 24 inches)
- This class is for ages 14-18.

**Unit: Leisure Time- for ages 14-18 with advanced skills.** (Ask your county 4-H agent for a copy or see publication: [https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior\\_unit\\_2\\_a\\_leisure\\_time\\_1.pdf](https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_2_a_leisure_time_1.pdf))

- 807 Leisure Time--Clothing Option: 2 or 3 piece complete outfit. Choose from the following:
- Athletic wear such as leotard, cycling wear, warm-up suit, bathing suit and cover-up, tennis wear
  - Pajamas and robe (must use specialty fabric such as terry cloth, flannel, fleece, nylon tricot)
  - Raincoat and hat or rain suit
- This class is for ages 14-18.

**Unit: Formal Affair- for youth ages 14-18 with advanced skills.** (Ask your county 4-H agent for a copy or see publication: [https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior\\_unit\\_2\\_b\\_formal\\_affair\\_2.pdf](https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_2_b_formal_affair_2.pdf))

808 Formal Affair--1 or 2 piece complete outfit, such as a prom dress, bridesmaid dress, or tuxedo. Fabric choice may be woven, knit or a combination of the two. This class is for ages 14-18.

**Unit: Tailor Made- for youth ages 14-18 with advanced skills.** (Ask your county 4-H agent for a copy or see publication: [https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior\\_unit\\_2\\_c\\_tailormade.pdf](https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_2_c_tailormade.pdf))

809 Tailor Made of Wool--Suit, jacket, or coat, made from 100% wool or at least 60% wool blend fabric. Traditional or speed tailoring techniques must be used to create structure in the areas of the neck, shoulder, and hemlines. **Do not include non-wool/wool blend coordinates.** This class is for ages 14-18.

**Unit: Up Cycle It!—for youth ages 14-18 with advanced sewing skills;** See publication: [https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/upcycle\\_project\\_jr\\_and\\_sr.pdf](https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/upcycle_project_jr_and_sr.pdf)

810 Up Cycle It! Senior—item sewn from recycled/repurposed garments and documentation folder: Sew a garment or fashion accessory from previously worn garments. Recycled fabric is to be the major component of the item. Recycled garments may be cast-offs from the member's family/friends or purchased at a yard sale or similar low cost source. **Additional documentation is required.** In documentation include the following: your name, your county, the name of the unit, class entered, number of years you have been sewing; a **“before” photo** of all recycled items used; source of the recycled garment; how the design was created; and any design drawings that were used in the creation. Place documentation in a folder or plastic sheet protector. “Deconstructed” t-shirts which do not include sewing skills do not fit this class. Items for the home do NOT fit this class. Items which do not include sewing as a major means of reconstruction are not eligible for this class. See publication. This class is for ages 14-18 with sewing skills.

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